



Life Coach Certification Program

Overview

You're ready to deeply understand how to help others navigate life's ups and downs, powerfully control the things within their control and make powerful and lasting transformations in their career, relationships, or life. You've decided it's time to boldly step forward into learning more so you can live your life purpose.

In this course you will develop, practice, and master your unique way of making a positive impact in your life and the lives of others. This is achieved through developing greater self-awareness and understanding of yourself and human nature. With a solid knowing of who you are and how you gain the clarity you need to lead your life and relationships forward, you will be able to powerfully hold the space and lead others to do the same.

Learning Outcome

Skillfully and confidently work with others and inspire transformative growth through:

- 1:1 Coaching Sessions
- Collaborative Learning Groups/Classes
- Group Coaching Sessions

Your deep understanding of yourself and how you powerfully navigate positive change in your life and relationships along with the life coach skills and tools mastered in this course will support you in skillfully facilitating sustainable positive change in the lives of those you work with.

Our proven system will help you work with people in whatever area you are passionate about. Our graduates have built high impact coaching careers in countless areas of expertise: business coaching, personal growth, emotional

wellness, clutter clearing, parenting, health, healing, church leadership, relationships/marriage, young adults, to name a few.

As a graduate, you will have ready-made classes and coaching materials to begin your own coaching practice.

About Clear Inner Focus

Clear Inner Focus is an educational and coaching business founded in 2004 by Patty Jackson, a life coach and spiritual teacher. In sixth grade, Patty realized her life mission was to empower people to realize how incredibly powerful, loved, and capable they are so that individuals, families, businesses and communities can spend less time in conflict and more time enjoying full self-expression and meaningful experiences.

We do this through teaching state-of-the-art, proprietary concepts and tools. Our coaching is designed to deepen student's and client's understanding of themselves and how they can lead and influence positive change.

Countless students, businesses, organizations, and clients have learned our processes and decades later continue to claim our work to be life changing.

Program Specifications

The Life Coaching Training and Certification is a 16-week program - consisting of approximately 33 hours of recorded curriculum and 16 live virtual training classes held weekly.

Training Modules: (5.8 CEU)

- Self-Coaching Skills
- Coaching Skills
- Coaching Practicum

Training includes one personal life coaching session and two coach mentoring sessions.

Business and Coach Development: (1.8 CEU)

- Six live business and coach development guidance and support